

# Board Recruitment Mental Health Foundation 2025-2026



Mental Health Foundation

## Board Candidates Being Sought:

Are you seeking an exciting opportunity to be a part of transformative change and impact the mental health and addictions system? The Mental Health Foundation is seeking individuals passionate to our cause and deeply invested in making a difference. We are a governance Board, undergoing a new strategic direction. We know that we can enhance the capacity of the mental health and addictions system, and we believe that we can positively impact the system to address gaps and ensure better outcomes for all Albertans. We operate at the philanthropic and health systems levels, and we want to be a diverse board, with members who participate fully in an engaged and thoughtful fashion to further the work of the Mental Health Foundation.

## Who We Are:

The Mental Health Foundation was formed in 1998, first as a Foundation specific to Alberta Hospital Edmonton and then as a Foundation for addiction and mental health care across Alberta. The Foundation was founded and expanded on the ideal of transforming mental health and addictions care in Edmonton by building resilient organizations and communities.

The founders believed that with advocacy and support from donors, the lives of individuals requiring mental health and addictions care could improve. They saw the potential for individuals to live happier, healthier lives if they had access to the appropriate resources.

This original visionary spirit inspired the Foundation's creation and still guides them as they expand their promise to build better mental health and addictions care for people across Alberta.

Today, MHF operates within communities across the province, seeing where aid is needed while also supporting the healthcare system, allowing them to take a systems approach towards transforming mental health and addiction care delivery.

## MISSION

- To enhance mental health and addictions recovery through research and innovation, education, and care.

## VALUES

- Successful Together – We are collaborative. Working together allows us to get more done faster.
- Bold – We are realistically optimistic. We are resilient. We are ambitious.
- Trustworthy – We strive to be transparent in our goals and the work we do. We want to be held accountable for our promises.
- Thriving – We walk the talk. We celebrate our wins. We are compassionate. We are devoted to understanding mental health.

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## Our Ideal Board Member:

We are looking for individuals with strong governance experience. We also need specific skills and attributes as defined within our Board skills matrix (which we asked to complete if you advance to an interview). We invite you to explore this opportunity further and let us know if you possess any of the following competencies and personal attributes:

- Governance knowledge and training
- Knowledge of the public policy/decision making process; political acumen
- Health system/mental health system expertise
- Corporate Finance expertise; finance/accounting designation preferred
- Leadership/Human Resource Management experience
- Contemporary marketing, brand, and/or communications expertise
- Corporate risk management expertise

Are you comfortable leading large-scale change in a space that may have high levels of ambiguity? How do you work with others, and what level of respect do you accord those with differing perspectives? Do you have a large and influential network, which you may be willing to activate to serve the Mental Health Foundation's interests? Do you have the capacity to devote yourself to the Mental Health Foundation?

If you answered several of the above questions positively, you may be the Director we have been looking for. Please use the attached application form and submit your application to us at [board@mentalhealthfoundation.ca](mailto:board@mentalhealthfoundation.ca)

Once all applicants have been screened, those who fit the foundational criteria will be invited to meet the Chair and Vice Chair to explore this opportunity in greater detail. Once that process has concluded, you may be advanced to the Governance Committee for an interview, after which, if you have been successful, you will be recommended to the Mental Health Foundation Board of Directors.

We thank you for your interest and look forward to exploring this opportunity with you if you meet the criteria that we are seeking.